

## A SAMPLING OF TOPICS

- Long term behavioral management of weight and type 2 diabetes
- Depression and cardiovascular disease
- The new physical activity guidelines for Americans and implications for CVD prevention
- Trends in lipid management
- ◆ The role of functional foods, soy, B vitamins in vascular health

## WHO SHOULD ATTEND?

- Physicians
- Pharmacists
- Pharmacy technicians

- Pulmonary rehabilitation specialists
- Exercise physiologists
- Any health professional interested in cardiovascular health

Complete agenda and registration form will be mailed by mid January. In the meantime, if you would like to make your lodging reservations, please call the Holiday Inn Downtown at the Park (406-721-8550) for the conference rate of \$84 plus tax. Block is under "Cardiovascular" Health Summit."

## **SPONSORED BY**

Montana Nutrition & Physical Activity Program

For more information.

call Gail at 406-442-4141 or by email gailb@mt.net.